



Kids 18 & Under Eat Free Breakfast & Lunch!

***TIOGA CENTRAL
SCHOOLS 2017
SUMMER FOOD
SERVICE PROGRAM
JULY 3—JULY 28***

**ALSO
AVAILABLE DAILY
FOR BREAKFAST:**

**Cereal w/muffin top,
2 muffin tops,
Fruit, Juice,
And Milk**

This institution is an equal opportunity provider.
Menus are subject to change

Monday July 3 <i>B: Mini Pancakes</i> Chicken Nuggets Yogurt Meal PBJ Sandwich Carrot & Celery Sticks Assorted Fruit and Juice Low Fat Milk	Tuesday July 4 No Meals Served Today Happy Independence Day	Wednesday, July 5 <i>B: Sausage Sandwich</i> Turkey & Cheese Sub Yogurt Meal PBJ Sandwich Fresh Broccoli Assorted Fruit and Juice Low Fat Milk	Thursday, July 6 <i>B: Mini Cinni</i> Chicken Patty on Bun Yogurt Meal PBJ Sandwich Sliced Cucumbers Assorted Fruit and Juice Low Fat Milk	Friday, July 7 <i>B: Sausage Sandwich</i> Cheese Pizza Yogurt Meal PBJ Sandwich Assorted Veggies Assorted Fruit and Juice Low Fat Milk
Monday, July 10 <i>B: Sausage Sandwich</i> Popcorn Chicken Yogurt Meal PBJ Sandwich Green and Red Peppers Assorted Fruit and Juice Low Fat Milk	Tuesday, July 11 <i>B: Mini Pancakes</i> Cheeseburger on Bun Yogurt Meal PBJ Sandwich Carrot & Celery Sticks Assorted Fruit and Juice Low Fat Milk	Wednesday, July 12 <i>B: Sausage Sandwich</i> Chicken Wrap Yogurt Meal PBJ Sandwich Fresh Broccoli Assorted Fruit and Juice Low Fat Milk	Thursday, July 13 <i>B: Mini Cinni</i> Chicken Patty on Bun Yogurt Meal PBJ Sandwich Sliced Cucumbers Assorted Fruit and Juice Low Fat Milk	Friday, July 14 <i>B: Sausage Sandwich</i> Cheese Pizza Yogurt Meal PBJ Sandwich Assorted Veggies Assorted Fruit and Juice Low Fat Milk
Monday, July 17 <i>B: Sausage Sandwich</i> Chicken Nuggets Yogurt Meal PBJ Sandwich Green and Red Peppers Assorted Fruit and Juice Low Fat Milk	Tuesday, July 18 <i>B: Mini Pancakes</i> Beef Hotdog on Bun Yogurt Meal PBJ Sandwich Carrot & Celery Sticks Assorted Fruit and Juice Low Fat Milk	Wednesday, July 19 <i>B: Sausage Sandwich</i> Turkey & Cheese Sub Yogurt Meal PBJ Sandwich Fresh Broccoli Assorted Fruit and Juice Low Fat Milk	Thursday, July 20 <i>B: Mini Cinni</i> Chicken Patty on Bun Yogurt Meal PBJ Sandwich Sliced Cucumbers Assorted Fruit and Juice Low Fat Milk	Friday, July 21 <i>B: Sausage Sandwich</i> Cheese Pizza Yogurt Meal PBJ Sandwich Assorted Veggies Assorted Fruit and Juice Low Fat Milk
Monday, July 24 <i>B: Sausage Sandwich</i> Popcorn Chicken Yogurt Meal PBJ Sandwich Green and Red Peppers Assorted Fruit and Juice Low Fat Milk	Tuesday, July 25 <i>B: Mini Pancakes</i> Cheeseburger on Bun Yogurt Meal PBJ Sandwich Carrot & Celery Sticks Assorted Fruit and Juice Low Fat Milk	Wednesday, July 26 <i>B: Sausage Sandwich</i> Chicken Wrap Yogurt Meal PBJ Sandwich Fresh Broccoli Assorted Fruit and Juice Low Fat Milk	Thursday, July 27 <i>B: Mini Cinni</i> Chicken Patty on Bun Yogurt Meal PBJ Sandwich Sliced Cucumbers Assorted Fruit and Juice Low Fat Milk	Friday, July 28 <i>B: Sausage Sandwich</i> Cheese Pizza Yogurt Meal PBJ Sandwich Assorted Veggies Assorted Fruit and Juice Low Fat Milk